

A black and white photograph of two middle-aged men smiling and embracing each other. The man in the foreground is wearing a light-colored, short-sleeved button-down shirt. The man behind him is wearing a dark t-shirt.

My Health is *HOW I SHOW MY LOVE*

Take care of you for us

“After many years together, we’re still going strong.
We’re well because we take care of each other’s health.”

Dr. Evan Adams, Chief Medical Officer, First Nations Health Authority

- » Even if you’re in an established relationship, an HIV test is a good chance to check in with your mate, your doctor and yourself. It should be a routine part of your health care.
- » Treatment can suppress the virus, prevent transmission to partners, improve overall health, and is available at no cost.

Find out more about
HIV and where to get
confidential testing at:

OR

Call for confidential
information on how to
obtain free testing:

MyHealthisSexy.com

1-866-778-7736



First Nations Health Authority
Health through wellness



Interior Health
Every person matters