



My Health is *sexy*

Take care of you for me

One in four people who are living with HIV don't know it

- » Knowing your HIV status is sexy. It's an important part of a healthy sex life and a good relationship.
- » Being responsible for your own health builds stronger communities.
- » Treatment is available at no cost and can suppress the virus, prevent transmission, and help people live long and healthy lives.
- » Health outreach nurses are available across the region to provide discreet and confidential HIV testing. They can meet you wherever you are. Call 1-866-778-7736.

**Find out more about HIV and
where to get confidential testing at:**

MyHealthisSexy.com



First Nations Health Authority
Health through wellness



Interior Health
Every person matters